

Macatawa Family Medicine, P.C.
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Preparation for Upper Endoscopy/EGD Instructions

You are scheduled on _____ at _____

1. Please discontinue any medication containing aspirin, Coumadin, Plavix for 5 days prior to the exam. You may take Tylenol if needed. On the day of the procedure you may take regular medications unless otherwise instructed with as little water as possible. If you are on insulin hold your dose the morning of the procedure.
2. Do not eat or drink anything after midnight prior to the day of the test.
3. A responsible person must be available to drive you home after the procedure. Due to the sedation you will receive you may not drive or work for the remainder of the day.